

THESE ARE THE MEMBERSHIP RULES MENTIONED IN THE MEMBERSHIP AGREEMENT AND PERSONAL DATA FORM

BODY IMAGE HEALTH CLUB

MEMBERSHIP RULES

1. DEFINITION SECTION

A member shall mean the following:-

- a) A person who has paid a subscription determined by the management for the period determined by the management.
 - b) Gymnasium shall mean any area in which exercise is carried on including the facilities provided for bathing and changing.
 - c) Management shall mean any officer, director or employee of the Body Image health club.
 - d)
2. The Gymnasium shall be open to members at times and periods as are posted by way of notices in the Gymnasium and such times and periods will be at the discretion of the management.
 3. All members shall be properly attired when in the gymnasium. What constitutes proper attire are as follows:-
 - a) Enclosed soft shoes.
 - b) Vest, tank tops or similar garments are allowed.
 - c) Shorts (no denim), track suits, leotards and tights. These garments are to be free of sharp objects in order to avoid tearing the upholstery. No swim suits are allowed.
 - d) Small hand towels are required in order to remove perspiration from the equipment.
 4. No member shall eat or drink or smoke in any area of the facilities.
 5. No member shall loiter in the exercise area of the gymnasium.
 6. Any member who, through his own negligence, destroys or damages any article or equipment in the gymnasium shall pay the cost of repair or replacement of the said destroyed or damaged article or equipment.
 7. No member shall remove and articles or equipment from the gymnasium which are the property of the Body Image Health Club.
 8. No member shall bring any animals of any nature whatsoever into the gymnasium.
 9. No advertisement or notice, written or printed shall be put into the gymnasium.
 10. Any member using any equipment shall, when finishing using the said equipment, leave such equipment in a clean manner, and replace weights to the appropriate weight stacks.
 11. All members shall obey directions of management with regard to the proper use of the equipment and programmes.
 12. The body Image Club shall not be held responsible for personal articles lost or stolen from the gymnasium or its facilities.
 13. Any member using the changing room facilities, provided in the gymnasium, shall leave the same in a tidy and clean manner.
 14. Any member who is under the influence of alcoholic beverages or narcotics shall not be allowed in the gymnasium or its facilities.
 15. No member shall use profanity in the gymnasium.
 16. All members, guests and other persons using or visiting the club premises will be expected to conduct themselves in a safe, courteous, sensible manner, with proper regard for the rights and privileges of others.
 17. MEMBERSHIP CARDS MUST BE PRESENTED AT ALL TIMES TO THE RECIEPTIONIST BEFORE USING THE FACILITIES OF THE GYMNAISM. If a card is lost an extra card can be purchased at a fee of \$5.00 each.
 18. Any items left in the gymnasium or its facilities will be kept for thirty days and if they are not claimed within this time they will be donated to a charitable organization.
 19. Membership fees cannot be deferred and are not refundable except if authorised by management.
 20. Memberships are not transferable.
 21. Any member suffering from high B.P. or over the age of 35 must produce a Doctor's Certificate before exercising.
 22. A full time student is a person attending a Government/Private Secondary school, U.W.I., Community College and Medical Students full time.
 23. It may be necessary at times for a proposed member to be recommended by a member of the club. This will be determined by management.
 24. Refund of Subscription –
Full Subscriptions –
In the event of the gymnasium being destroyed or so damaged as to be incapable of use caused by fire, hurricane, earthquake, flood or other acts or occurrence beyond the control of management, a member may be entitled to a pro rata refund of his/her membership fees in respect of such part of the subscription period as remain unexpired at the time of the occurrence of the event or act as aforesaid. Management may at its option extend the period of membership for such time as remains unexpired rather than paying the refund under this rule.

ANY MEMBER WHO IS IN BREACH OF THESE RULES SHALL BE EXPELLED AND SUCH EXPULSION SHALL BE AT THE DISCRETION OF THE MANAGEMENT AND ANY MEMBERSHIP FEE AS DERERMINED BY THESE RULES SHALL BE FORTIFIED

BODY IMAGE HEALTH CLUB

Excel Plaza Grand Anse St. George's Grenada Tel: 473-444-3254

Personal data and Membership Agreement

Name _____ Membership Type _____

Date of Birth _____ Weight _____ Height _____
M/D/Y

Address _____

Email Address _____

Phone (Home) _____ (Work) _____ (Mobile) _____

Person to contact in case of emergency _____ Phone _____

Medical History

Is your physician aware that you intend to participate in an exercise program? Yes No _____

Do you have or have you had advice from a physician not to exercise? If yes please specify Yes No _____

If you are on medication or suffer from any of the following, you should consult your physician before commencing an exercise program:

Diabetes	Epilepsy	Arthritis	Hypertension	High Cholesterol
Chest pains	Heart disease	Exertion	Joint pains	

Proposed members are strongly advised to consult their physician before starting any exercise program.

The undersigned hereby agrees not to hold the club responsible for any damages or ill health, which may occur, on the premises caused by negligence or carelessness of the member. The undersigned also agrees to abide by the rules of the club referred to at the back of this form.

Signature _____ Date _____

Witnesses and reviewed by _____ Date _____